



## MARIA PAVEL

Maria was born and raised in Romania and moved to Canada as a teenager. She has always been fascinated by movement and is a trained massage therapist, yoga instructor and dance teacher. Her dance journey started 10 years ago with Salsa and quickly expanded into the American ballroom dances. She joined the Arthur Murray family 5 years ago in Vancouver BC, and loves teaching all dance styles, focusing on ease of movement, leading technique and fun choreography. Maria strongly believes in the magic of dance and loves to see her students experience the life changing benefits of dancing.